



Star 2, Form A

Balanced Choices

Due Date: January 29, 2010

District Manager: Andrew Willows Region: Central
Campus Marketing Mgr: N/A
Operation Number: 3338 Operation Name: Manchester College
Unit Manager Name: Chris Yeadon
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Complete and save this form, then email along with requested documentation attached to your Regional Be-A-star Contact. (see "Where to Send Submissions" in the Star Action Items & Forms Menu).

Attach the following along with this form:

- Evidence of Balanced Choices training.
- Evidence that the Balanced Choices audit was completed and action plan if applicable.
- Evidence of serving Balanced Choices recipes in your menu cycle.

Dear Be-A-Star Committee Members:

This year Manchester College has taken a new interactive approach to its Be-A-Star submittal. We have moved away from the typical PowerPoint presentation to utilizing Dine on Campus (DOC) to share our story. This approach has three major advantages for our DOC site (1) it adds more content; (2) it drives traffic; and (3) it keeps a record of our 2010 Be-A-Star journey. Below this link you will find:

- Chef Chris's Balanced Choices training certificate
- Our Balanced Choices audit form
- An interactive copy of our menu cycle complete with Balanced Choices recipe numbers

The last link will take you to our photo album. Here we add pictures for each star summarizing the steps we took to complete each action item. Pictures 1-9 detail Star #1 and 10 and up are for Star #2. For Star #2 you will see pictures of our all associate Balanced Choices (BC) training, various pictures of our associates, pictures of the BC recipes we serve, our unique signage highlighting BC items, our total health display, and testimonials from students, faculty and staff.

We thank you in advance for taking the time to browse our DOC site for our Star #2 Submission.

Chartwells at Manchester College